



CARE FOR THE FAMILY IS A NATIONAL CHARITY WHICH AIMS TO PROMOTE STRONG FAMILY LIFE

Positive Parenting Courses offer support, encouragement and tools to help parents develop skills that help in building strong and healthy family relationships.

Time Out For Parents Primary Years Course
Suitable for parents who have children aged 5-11 years

This six week course provides lots of information and ideas to help you engage with your children and discover fresh approaches which will help to improve your family life

Course starts Thursday 23rd January, 7.45pm - 9:45pm

Courses are led by Care for the Family licensed facilitator Alison Green
Full course details can be found at heartofoakcoaching.co.uk/parenting-courses

